



## PREPARING FOR A-LEVEL

### PSYCHOLOGY

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Welcome to A Level Psychology! You are in for a real treat!

This fascinating subject will cover an array of topics, challenge your thinking and help you to think more critically.

The subject is a challenging one so to help give you the best possible start I have some fantastic resources for you! Psychology is a mixture of Biology, Maths and English. You will need to think critically, apply key concepts and learn valuable terms. By following the support provided you will be on your way to being ready for your A Level Psychology journey to begin in September!

We follow AQA Psychology Syllabus

#### Year one

- Social Influence
- Memory
- Attachment
- Approaches in Psychology
- Psychopathology
- Research Methods

#### Year two

- Issues and Debates
- Biopsychology
- Section B (choice of one): Relationships, Gender or Cognition and development
- Section C (choice of one): Schizophrenia, Eating Behaviour or Stress
- Section D (choice of one): Aggression, Forensic Psychology or Addiction

#### Tasks

- Create a tutor2u account [www.tutor2u.com](http://www.tutor2u.com) there are many free courses and resources to use here. Some require additional purchases but there many useful resources on this website.
- Enrol in the free tutor2u Introduction to AQA A-Level Psychology Course: This will give you an overview of the course as well as understanding skills and methamatical content. An excellent introduction to the subject [Introduction to AQA A-Level Psychology Getting Started | tutor2u](#)

- We will be using the AQA Psychology for A Level (Green Hair Girl Book) – you may purchase your own copy if you wish to but you will be given a copy to borrow or purchase in September. [AQA Psychology for A Level Year 1 & AS Student Book: 2nd Edition: Amazon.co.uk: Flanagan, Cara, Jarvis, Matt, Liddle, Rob: 9781912820429: Books](https://www.amazon.co.uk/dp/9781912820429)
- Choose one book, one film, one TedTalk and one blog or article from the recommendations below. For each one create 'Cornell Notes' to summarise what you have read/watched. This is to help you to If you are not familiar with Cornell Notes follow the link here [The Learning Toolbox - Cornell Notes \(jmu.edu\)](https://www.jmu.edu/learningtoolbox/cornell-notes/)
- You will be handing these in on the first day back!

### Book Recommendations

- 'The Jigsaw Man' by Paul Britton
- 'Fred and Rose' by Howard Sounes
- 'One Flew Over The Cuckoo's Nest' by Ken Kesey
- 'Bad Pharma' by Ben Goldacre
- 'Bad Science' by Ben Goldacre
- 'Behind the Shock Machine' by Gina Perry
- 'Forever Today' by Deborah Wearing
- 'Opening Skinner's Box' by Lauren Slater
- 'Patient H.M' by Luke Dittrich
- 'Qu-irkology' by Richard Wiseman
- 'Shrinks' by Jeffrey A. Lieberman
- 'The Bigamist' by Mary Turner Thomson
- 'The Man Who Couldn't Stop' by David Adam
- 'The Man Who Mistook His Wife for a Hat' by Oliver Sacks
- 'The Man Who Shocked the World' by Thomas Blass
- 'The Memory Illusion' by Dr Julia Shaw

### Movie Recommendations

- A Dangerous Method (Approaches)
- Experimenter (Social Influence)
- Good Will Hunting (Attachment)
- Mockingbird Don't Sing (Attachment)
- Shutter Island (Biopsychology)
- Faces in the crowd (Biopsychology)
- 12 Angry Men (Memory)
- Project Nim (Memory)
- Rain Man (Psychopathology)
- A Beautiful Mind (Psychopathology)
- The Stanford Prison Experiment (Social Influence)
- The Wave (Die Welle) (Social Influence)

## TedTalks/Podcast Recommendations

- [Debunking the myths of OCD - Natascha M. Santos - YouTube](#)
- [The top 10 myths of psychology | Ben Ambridge | TEDxYouth@Manchester - YouTube](#)
- [The difference between classical and operant conditioning - Peggy Andover - YouTube](#)
- [How childhood trauma affects health across a lifetime | Nadine Burke Harris - YouTube](#)
- [Georgette Mulheir: The tragedy of orphanages - YouTube](#)
- [Lessons from the longest study on human development | Helen Pearson - YouTube](#)
- [Peter Doolittle: How your "working memory" makes sense of the world - YouTube](#)
- [How reliable is your memory? | Elizabeth Loftus - YouTube](#)
- [Imagine There Was No Stigma to Mental Illness | Dr. Jeffrey Lieberman | TEDxCharlottesville - YouTube](#)
- [Mental Disorders as Brain Disorders: Thomas Insel at TEDxCaltech - YouTube](#)
- [The psychology of evil | Philip Zimbardo - YouTube](#)
- [The Power of Influence | Shawn King | TEDxDalhousieU - YouTube](#)
- [Social influence and eyewitness testimony | Elizabeth Brimacombe | TEDxVictoria - YouTube](#)
- [Hear Yes! More Often With the Science of Influence: Dan Norris at TEDxSanAntonio 2012 - YouTube](#)
- [Six Reasons Why Research is Cool: Quique Bassat at TEDxBarcelonaChange - YouTube](#)

## Psychology Websites

- BPS Research Digest Blog [Research Digest \(bps.org.uk\)](#)
- PSYBLOG [PsyBlog - Understand your mind with the science of psychology - \(spring.org.uk\)](#)
- Psychology Today [Psychology Today UK: Health, Help, Happiness + Find Counselling UK](#)